

Pikes Peak River Runners **Oregon Coast Adventures**

by Pete & Christina King

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This is not a river story but a guide to the Oregon Coast - one of our favorite places to visit. Yes, we pass by some whitewater rivers along our coastal travels but have never run any rivers in Oregon or California. Friends and family have asked why we keep returning again and again, this document attempts to explain why. Unfortunately, this document only gives you a taste of Oregon, there is much more to the coast than we have been able to capture here. Enjoy!

General information:

Distance: It is approximately 3,700 miles round trip from Buena Vista, CO to the Oregon Coast and back. We typically go from Astoria (south on Hwy 101) to San Francisco and home through Lake Tahoe. It is a long way there and back but slow down and enjoy the time you spend on the coast. We usually drive quickly across Colorado, Utah, Idaho and Oregon and then slow down dramatically once we get to the Columbia River Gorge. Aire and Cascade Outfitters (Maravia) are fun stops in Boise which can break up the trip. Once you reach Hwy 101 in Oregon, unless you are a logging truck or large RV, my advice is to give way to these big rigs. They will not shift over and will win if they hit you. We also prefer to travel north to south to enjoy the "ocean" side vistas on the highway closest to the ocean. Lastly, we get to end the trip in San Francisco (the big city) after weeks of beaches mostly to ourselves. The Oregon coast is fairly crowded during the prime summer months but know it has been virtually empty in early June and Oct through the winter. We have even commented that if we see even a single person on a beach, we say "what are they doing on our beach!" The commercial Oregon Crab season usually runs from Dec to August but it seems like a crabworker strike (or regulatory agency) always delays the official opening of Dec 1 to several weeks/months later every year.

Weather: It can rain a lot! Be mentally and physically prepared (rain slickers) and do not let it stop any beach and hiking activities you have planned. We have visited in early June (nice weather and not crowded) and numerous times from October through January. Winter surf and storms can be quite intimidating but also wonderfully exciting. It gets dark early in the winter so plan on dining at restaurants for dinner when possible. *Hint: An odd trend I have noticed is that most seafood markets seem to be located on the south end of towns. I do not know why.*

Temperatures (even in December) can be mild (highs of 50 to 60's). We have had warm trips and cold/rainy trips - all were great. Note the numerous Tsunami warning signs that abound along the coast. I wish you good luck if you hear the sirens for a real Tsunami. We have heard communities test the sirens but since most of the Oregon State Parks on this stretch are on the beach, my guess is that most campers would find it impossible to escape if a Tsunami arrives quickly. It would be incredibly difficult to run to high ground for safety in the middle of the night. High ground can be far away.

Camping/Restaurant ratings: Almost all of the Oregon state park campsites are open year round and MOST have showers included (they do not have to worry about freezing temperatures and no separate coins are needed for showers). There are lots of Yurts available also. I would

recommend against tent camping if you can avoid it because packing up wet rain tents EVERY day can get old quickly. In my opinion, Oregon State Parks are the best in the country! They are usually located on prime beachfront real estate with soft sand dunes, steep cliffs, brilliant sunsets, colorful tide pools, hiking/biking trails, etc....Go to www.oregonstateparks.org to get the details. My impression is that there are far fewer hotels directly on the beach compared to the prime real estate in state parks. I have set up a personal rating system for some of the camps mentioned below that also applies to my personal restaurant ratings as well! I am usually not a fan of clam chowder but this coast produces a delicious product.

***** = Excellent

**** = Good

*** = Average

** = Poor

* = Do not stay/eat here!

Activities:

-Hiking

-Biking

-Crabbing

-Clamming- very easy to learn and be successful!

-Tidepooling

-Fishing

-Shelling

-Rockhounding

-Whale watching

-Boating- both ocean and whitewater

-Aquariums- Oregon Coast Aquarium

-Walking the beaches

-Seafood- opportunities abound for delicious dining out or the ability to purchase fresh seafood to cook at home or at camp

Whale watching tips: bring good binoculars, unless you have seen whales spouting before I recommend stopping if you see a lot of people at a viewpoint. Cape Foulweather usually has volunteer whale spotters on duty to help you out. They are the pro's and can help you spot them. Calm seas help when spying for whale spouts. Once you have spotted one whale, you can usually recognize whales on your own the next time around.

Things to bring:

-Rain slickers

-Ball caps with brims (to keep rain out of your eyes)

-Umbrella

-Camera

-Good binoculars

-Dog- they will love the beach! (do not forget to use pooper scooper mitts)

-Hiking boots (waterproofed)- Teva's are too cold in the off-season

Recommended Reading:

[Oregon Mile by Mile Guide Free!](#) - order it by calling 1-888-628-2101

[Annual Tide Charts & Tide Pools-](#) pick up materials at any Oregon visitor center

[The Journals of Lewis & Clark](#) by *Stephen Ambrose*

[Undaunted Courage](#) by *Stephen Ambrose*

[Oregon Coastal Access Guide](#)

[Magnificent Places: Oregon Coast](#)

[Photographers Guide to the Oregon Coast](#)

Frommer's Oregon

Fodor's Oregon

[Exploring the Wild Oregon Coast](#) by Bonnie Henderson

Subscribe to the [Oregon Coast Magazine](#) 800-348-8401

Useful Links:

[Oregon State Parks](#)

[Oregon Coast Visitors Association](#)

[Pacific 101](#)

[Columbia River Gorge](#)

[Streaming Video of the Coast](#)

[Free Mile by Mile Guide Request Form](#)

Mile by Mile: Our favorite spots....

Before you reach the coast:

[Two Rivers Park](#) is a great dog walking park along the river in Glenwood Springs. Favorite campgrounds on our way to the coast include [James M Robb State Park, Fruita section in Colorado](#) (open year round but no showers in winter). [Twin Falls 93 RV Park](#) (open year round), [KOA also in Twin Falls](#) but only open in the summer through Oct BUT might accommodate you in winter- call to check. We prefer the KOA in Twin Falls if this is an option. Hotels/cafe's along the way; Comfort Inn Fruita CO is good, McGrath's Fish House (NW chain) in Sandy Utah, S Jordan Exit 294 has great steamers (****) and clam chowder (***). Twin Falls has an easy access and clean Motel 6, [Papa Kelsey's](#) hot sandwiches (*****), [Idaho Joe's](#) great breakfast (****). [La Quinta in Meridian](#) Idaho is also a good stop. The [Lone Pine Café](#) in Baker City is a wonderful small town café. [Blue Mountain Summit](#) between LeGrande and Pendleton, Oregon has a beautiful overlook before you drop down into the Columbia River flat plains.

The Columbia River Gorge is located before you reach the Pacific (Oregon) coast, follows Lewis & Clark travels, great camping along the Columbia River at [Boardman Marina & RV Park](#) **** (favorite campsites along the river include; #30, 29, 26, 27, 28, 15, 17, 19, 21 call if you want to make a reservation 888-481-7217. Enjoy the scenic ride along the Interstate highway (I-84) and [Columbia River Gorge](#) including the [Hood River Gorge](#) section (popular windsurfing area). If you are lucky you might catch a glimpse of [Mt. Hood](#) in your drive towards Portland. It is really hard to imagine Lewis & Clark canoeing down the Columbia river. [Celilo Park](#) is a good stop to

see the waterfalls ([Bonneville dam system](#)) along the Columbia and get a good look at the Indian fishing platforms hovering over and into the river. The City Park, Windseeker Rest area and [Discovery Center](#) (all in [The Dalles](#)) are nice scenic stops. If you want to spend the night in the area, the Best Western (*****) in Hood River has a great overlook of the Columbia River. [The Dalles dam/fish ladder tour](#) is only open May – September but looks interesting. We noticed a good looking campsite, [Maryhill State Park](#) across the river (on the Washington side) on the Hwy 97 turnoff but we have never stayed there. The Dalles appears to have more chain hotel options than Hood River. We liked Shilo Inn and Comfort Inn in The Dalles. [Multnomah Falls](#) are a must-see stop with a short walk to the falls before you reach Portland. [Dan & Louis](#) is supposed to be a fun oyster restaurant in Portland. We have never tried Hwy 26 from Portland to just south of Seaside but we might try that in the future to see some new country. We often see Mt. St. Helens after passing through Portland. [The Berry Patch Restaurant](#) in Westport is a must stop for pie lovers!

Astoria: Quaint town at the mouth of the Columbia River. Wonderful restaurants, shops and ships. The Best Western in Astoria has a Columbia river view (if not foggy) and the Red Lion Inn overlooks the Astoria Marina. A visit to the [Astoria Column](#) offers a spectacular view on good weather days and the admission price of \$2/vehicle is great. Climb the 162 steps to the top and fly your glider (buy it at the gift shop before climbing the stairs) into the wild blue! The [Columbia River Maritime Museum](#) is a must-see visit with really interesting artifacts. The [Baked Alaska](#) restaurant is fancy (\$\$\$) but the clam chowder (really seafood chowder) cannot be beat (****). Make a stop at the [Hometown Bakery](#) (for fresh baked Finnish & Scandinavian cardamom breads/treats). Do not forget to look for seals in the Columbia river below the docks. If you check out the daily [Ship Report](#) while dining and you can see what ships are inbound/outbound and awaiting orders, where they came from, and where they are going including their cargo manifests, very cool! Bring your binoculars to lunch and read each ship name and match it up to their status, destination, cargo, etc... Astoria has a strong [Finnish](#) ([Scandinavian](#) longshore men) history. Astoria celebrates the [Santa Lucia](#) Scandinavian holiday every Dec 13. [Oysterville](#) just across the Astoria bridge past [Long Beach](#) in Washington is a nice place to visit. Great beach-driving and razor clamming on Long Beach. The [Crab Pot Seafood Market and Restaurant](#) is a great place to get “cheap” fresh crab. If you ask a local where the best place to get fresh crab they will always reply “at home”. Everyone is a crabber and clammer in Oregon. It is easy to catch your own.

You have reached the Oregon Coast via the Columbia River! The Astoria, Long Beach (WA), Seaside and Cannon Beach areas have many FUN Activities. Do not hurry too much at this stage of your trip. We try to spend at least 3-4 days in this area.

[Fort Stevens State Park](#) (****): Has a shipwreck (the [Peter Iredale](#)), seals, bike trails, lots of hiking, mouth of the Columbia River access, Coast Guard Air station nearby, (****) star clam chowder (steamers ***) at [Doogers Restaurant](#) (*Mon is customer appreciation day, Tues is 50% discount seniors (60+) day, Wed is Roll back prices day*) in nearby towns of Warrenton & Seaside, Pig n Pancake in [Seaside](#) is the perfect breakfast place (Swedish crepes with Lingonberries), numerous beach access areas, historical replica of [Lewis & Clark Fort Clatsop](#) nearby (burned down in 2005 but has been rebuilt), [Lewis & Clark salt works](#), and camps with showers. Favorite areas at Fort Stevens include the South Jetty viewpoint (usually see seals

here) and the hike at the end of Clatsop spit to watch freighters fight the spectacular currents and hike along the shore where the Columbia meets the Pacific Ocean. Clam steamers at the [Seaside Brewery](#) are delicious and you can buy fresh crab at the [Bell Buoy Seafood Market](#) south end of Seaside. Bell Buoy has a small café next door but when crab season opens they shut it down (to go crabbing)! [Norma's](#) has tasty fish & chips (both cod and salmon), great clam chowder (*****), fresh steamed crab and seafood pasta. Shilo Inn offers a nice Thanksgiving buffet if you are traveling on this holiday. [Dundees](#) (across from Doogers) has steamers (*****) and clam chowder (***) . What more can I say, this is a fantastic area of the coast! We have stayed at the [Best Western Seaside Ocean/Beachside View](#) (*****and loved room #311, rooms 411 & 511 also look good), pricey but worth every penny! The [Shilo Inn](#) is also a nice hotel (rooms 502 or 528 are favorites). Both hotels are on the beach and overhang the local boardwalk. Perfect for dog walking and very dog friendly.

FYI: Seaside Aquarium is depressing (do not visit or support this particular type of aquarium). Think of seals trapped in a backyard swimming pool and you get the experience.*

[Cannon Beach](#)- photos usually in all Oregon vistas (Haystack Rock), very art-oriented community, great drive/hikes in [Ecola State park](#) (coastal rain forest and [Oregon Coast Trail](#)). Good beach access and parking at [Tolovana Beach Recreation Area](#) near [Mo's Restaurant](#) (clam chowder**** & steamers (*****) Wednesday's in winter, Mo's offers "Roll back to 1980's" pricing specials- a very good deal.

[Rockaway Beach](#): [Cow Belle](#) for wonderful Fish & Chips.

[Garibaldi](#) is a great town with the wonderful [BayFront bakery](#)- closed on Monday's (great Shepherd's bread & Halfmoon Macarons). [Tillamook](#) is just down the road is famous for their [cooperative cheese factory](#) (interesting self-guided tour where you can watch workers make real cheese). The town really smells like cows. Make sure you enjoy a smooth and creamy Tillamook ice cream cone before you leave. [Munson Falls State Park](#) is down the road with a ¼ mile gentle walk up to the famous waterfalls.

We **highly recommend the [Three Capes Scenic route](#)** which includes Cape Meares State Park (lighthouse, cliffs, Octopus tree hike, no beach access), [Cape Lookout](#) (**** camp on beach, no beach sand at high tide, showers) and [Cape Kiwanda](#). The actual Cape Meares is a dead end (we skip this). Cape Kiwanda's oceanside beach *****has a cave that goes through a cliff (at low tide) to another beach. It is like walking through a time portal. Be careful to avoid bonking your head on the low cave ceilings (bring a flashlight) and do not get caught on the [wrong side by a rising tide](#). This is a good spot to hunt for Oregon "jade" and agates near cave opening. Tidepools are *** at low tide. Pacific City's Cape Kiwanda's [Pelican Pub Brewery](#) (steamers *****clam chowder **) is a great place to warm up after exploring the cave/beaches and watching dories launch into the surf. If you are lucky you can watch the [Pacific Dory fleet launch](#) and land in the surf. Usually see surfers in full wetsuits with hoods at this beach. Across the street from the beach is the lovely [Inn at Cape Kiwanda](#) (*****) Room 308.

Nightlife is mainly non-existent in these small coastal towns (i.e. few movie theaters or shops open after dark in the off season). Most tourists appear to enjoy day activities such as hiking,

beach stuff and rent movies (instead of going out). Most restaurants and shops do not seem to be overly busy during the off-season. Just the way we like it. Just south of Lincoln City lies the interesting [Taft historic district](#) (and a Mo's restaurant **** and Steamers *****). This is a really fun place to watch fishermen and crabbers (bait is raw chicken). Check out the salmon sculpture in the park above the crabbers.

[Depoe Bay](#) is a nice small town with good viewpoints just before and after the bay. It is very entertaining to watch storm waves surf up the seawall and spray unsuspecting tourists. They get drenched. Chowder Bowl (Clam chowder ****) has a location in Depoe Bay & Newport to choose between. [Tradewinds Charters](#) offers fun boat/fishing/crabbing/whale watching adventures.

[Cape Foulweather](#) has a good viewpoint and gift shop. From Cape Foulweather to Beverly Beach you have great opportunities for whale watching.

Otter Crest Loop is a nice detour (not for trailers- no turnaround). Make sure you stop at the [Devils Punchbowl](#) area.

Beverly Beach -* camp on the wrong side of the highway- no beach access, no sand beach at high tide.

Newport: [Oregon Coast Aquarium](#), huge marina with lots of crabbing/fishing boats, historic Bayfront district with Coast Guard station, lots of seals on docks behind fishing company loading/warehouse areas (listen for their noise), Nye Beach (Agate beach) on other end of Newport (good beach access and fun shops), Chowder Bowl (Clam chowder ****), Newport Cafe (good breakfast, near Laundromat on the main drag- Hwy 101). Newport is the headquarters of the [Rogue Ale Brewery](#) that has a small café with tasty Clam Chowder (****) and Beer Ale cheese soup. [Ocean Bleu at Gino's](#) has great steamed fresh crabs (*****) and steamers (*****) but bland clam chowder (**). [Mo's](#) on the water has great fresh crab (*****) and the tastiest clam steamers (*****). The first two weeks of December typically launch the crab season and crab pots abound everywhere and are stacked absurdly tall on the fishing boats at the docks. Be aware that the season can typically get delayed to ~Dec 15 or much later into mid-Jan. The Hallmark Inn is okay but Comfort Inn is a better hotel choice.

[South Beach](#) ***** camp, grassy area near beach, lots of trails, showers.

From Newport to Carl Washburne area there are lots of beach access points, hiking trails and many places to stop. Enjoy!

Beachside camp ***** , right on the beach, closed after Oct 31, has showers and can be wild during storms. If it is open, I strongly recommend camping here.

Tillicum ***** Forest Service camp, on the beach, favorite campsite #'s (17, 18, 13,15), no showers or hookups but you can go to Beachside or Carl Washburne to buy a shower only if you want. Arrive early or make reservations, there are not many campsites at this small campground.

The town of Yachats has two good restaurants. [Adobe Resort](#) (expensive) and [Luna Sea Fish House](#) (clam chowder*****, steamers and crab *****)

Carl Washburne *, wrong side of highway, no beach nearby but it has showers.

[Cape Perpetua](#)- visitor center (closed in winter), excellent tidepools*****. Make sure you walk to the Spouting Horn to see the spectacular waves smash into the narrow cleft in the Cook's chasm.

Heceta Head lighthouse viewpoint- after tunnel area and before Sea Lion caves

Sea Lion caves- smelly tourist trap, why pay to see seals when you can see them every day on your own?

[Florence](#)- fun to visit historic district. Mo's Restaurant is here too (*****) chowder & steamers *****. Seals can be seen along the docks of the Siuslaw river.

Oregon Dunes area- inland, no beach access or ocean views, lots of ATV (off-road activity).

Umpqua camp* (dark camp with no scenic views of ocean)

Reedsport ([Umpqua River Discovery Center](#)**), sounded like an interesting place to visit but actual artifacts were sparse. The [BLM Dean Creek Elk Viewing area](#) is a nice 3 mile side trip up Hwy 38.

Sunset beach/ camp*** (near Coos Bay)- good tidepools*****, can easily swim here but of course very cold water, campsites are dark because of dense trees, aptly named because of beautiful sunsets. Shore Acres botanical garden also here but we were not interested in visiting this attraction.

[Bandon Dunes Golf resort](#)- nice place to stay but expensive.

[Bullards Beach](#) camp ****- Coquille lighthouse, good rock hounding on beach, miles of empty beaches, showers, stacks of driftwood in odd shapes, good view of the town of Bandon across the bay and active fishermen in dories at the mouth of river. Be sure to stop for free samples at the [Cranberry Sweets](#) store in Bandon. Don't forget to stop in at the Bandon Bakery. Great place to rent a crab pot and hunt for your own dinner! Nearby [Tony's Crab Shack](#) will steam your catch for you or you can buy your live crab (*****) /clam chowder (**) and eat it in their tiny restaurant. Never did find a good ocean view hotel in Bandon, camping is much nicer.

[Cape Blanco](#) camp ****, lighthouse, spectacular sunset views, hiking, can be very windy, showers.

[Port Orford](#) harbor is a sight to see. They haul every boat out of the water with cranes because the actual harbor is not really safe for boats to stay in the water! [Redfish](#) is a great restaurant

(salmon tacos are great*****) but clam chowder was bland** with very few clams. They were out of steamers. The [Crazy Norwegian](#) is a must stop for fish & chips *****, clam chowder (**) and marionberry pie (*) had a mushy crust.

[Gold Beach](#) - Rogue river ends here, [jetboat tours](#) upriver in summer (do not run in winter), Port Hole restaurant *

Gold Beach to Brookings has lots of great views, hiking, beach access but no camping until you reach Harris Beach state park.

Arch Rock- great short walk, unsurpassed sunset photos.

Natural Bridges Cove- cool overlook steps from the highway.

House Rock Viewpoint- must stop for the fantastic view.

Lone Ranch Beach- great beach to stroll on before reaching Brookings.

[Harris Beach State Park camp](#) *****, cliffs, unbelievable photo opportunities, showers. [Nearby town of Brookings](#) is last town in the south end of the Oregon coast. Hungry Clam has * clam chowder and all the rest of their food is fried *. Yuck. We tried the new [Catalyst Seafood Grill](#), seemed okay. The [Best Western at Brookings](#) (****) is a nice hotel on the beach, all rooms are on the beach with great views (# 326-332 North building are favs). Listen to the surf all night. [Depoe Bay](#), [Brookings](#) and [Crescent City](#) experienced significant Tsunami damage in March 2011, check out these videos.

California here we come. There are several Roosevelt Elk herds right along the hwy between Crescent City and Eureka. Immediately after Crescent City there are several good beach wayside stops. Minimal beach access for most of the drive. Klamath river is also a nice stop after [Crescent City](#) ([hit by Tsunami](#) in 1964). There is a wonderful beach access point called [Redwood Creek Beach County Park](#) just south of the tiny town of Orick and ~3-5 miles north of Eureka. We have seen very large bear tracks in the dark (almost black sand) on this beach and expert surfers also. This is a day use area with great picnic tables, shelters and beach to walk along. [Little River State Beach](#) and [Clam Beach](#) are nice stops north of the strange town of Arcata.

Redwoods National park is spooky and dark. We make the long haul from Harris Beach to Petaluma (and visit [Clavey](#)) or Santa Rosa in one long day of slow curvy driving. We find that the long stretch of road between Crescent City (via Eureka, etc...) to approximately Ukiah is filled with strange people. Arcata has a large population of blatant drug users right in the middle of the historic downtown area and the roadside stops along Hwy 101 are filled with people on the fringe of society. The [Lost Coast Brewery](#) in Eureka has fantastic fish and chips (*****) but clam chowder is avg (***) but it is a great place to have lunch. Otherwise lunch spot choices are dismal on this long drive day. A few bright points along the drive include the South Fork of the Eel and Russian Rivers. A few miles south past the [Myer's Flat wayside](#) is a high water post indicating the rivers flood flows from 1964, quite impressive. Another break stop along the Eel river is just a few miles south of Confusion Hill just past [Dora Creek](#) called [Frank & Bess Smithe Grove](#). We wish there were better spots to spend the night and break up this long drive but have

never been successful in picking an alternative stop. [Sheraton in Petaluma](#) on the water is nice BUT very expensive.

Hwy 1: We have driven Hwy 1 occasionally but this is a very difficult drive with no beach access at all. Hwy 1 is all cliffs and twisty slow turns. Few towns (did enjoy [Mendocino](#)) along the way until you reach Bodega Bay. No camping along this stretch. We recommend using Hwy 101 instead of Hwy 1.

San Francisco- make sure to visit [Point Reyes National Park](#) and [Golden Gate National Recreation Area](#). [Pier 19](#) is our favorite location in the downtown area. [Tarantino's](#) ***** clam chowder, ***** fresh steamed/cracked crabs. Parking is very difficult in downtown San Francisco especially if you have a big vehicle. [Tarantino's Restaurant](#) will validate your parking for free for 2-3 hours if you use the Pier 19 parking lot (look for the signs) AND buy food from them. [Boudin Bakery](#) is a must stop for warm sourdough bread, chewy macaroons, and chocolate haystacks (halfmoons)! We tend to stay in Petaluma ([KOA](#)- expensive but nice) and make sure we have dinner at [Dempsey's](#) Brewery and visit our favorite river store (Clavey) before heading into San Francisco. Petaluma is a nice town with plenty of hotels.

Heading Home to Colorado: Lake Tahoe is a nice place to visit on your loop home. [Lots of campgrounds in the summer](#) but all closed in the winter except [Tahoe Valley Campground](#) on South Lake Tahoe. Hard to find nice hotels/motels that take dogs at Lake Tahoe. Reno is not a good place to stay! If you take Hwy 50 home to Colorado, there is a [KOA open in Ely](#).

Our most recent [Oregon YouTube Video!](#) Enjoy...

Interesting and Scenic Oregon Lighthouses: many have free tours

Cape Meares
Yaquina Head
Yaquina Bay
Heceta Head
Umpqua River
Cape Arago
Coquille River
Cape Blanco

Favorite Tide Pools and my notes:

Tide Pools	Comments (E, M, D)- easy, moderate or difficult
Ecola State Park - 2 miles north of Cannon Beach	M
Hugpoint State Park, up on the famous "Hugpoint" area	?

Haystack Rock - At Cannon Beach	E- minimal if at all
Cape Meares - 10 miles west of Tillamook & 1 mile north of Oceanside	M
Oceanside @ south end of beach, by rock cliff	minimal
Maxwell Point - 9 miles west of Tillamook	E, next to Oceanside
Cape Lookout - 18 miles south of Tillamook, Pacific City Loop	M
Cape Kiwanda State Natural Area - Three Capes Scenic Loop (Pacific City)	E/M, lots of smooth polished ocean stones also
Lincoln City @ Roads End Wayside	
Boiler Bay - 1 mile south of Depoe Bay at the State Scenic Viewpoint	D and hazardous surf; underwater at most medium tides
Otter Rock - 9 miles north of Newport	M
Agate Beach Tide Pools	Could not find them at low tide
Yaquina Head - Agate Beach, 4 miles north of Newport. Seal Rock State Recreation Area - 12 miles south of Newport	E, go to Basalt beach – see below, not the Quarry area, fee area-worth it at low tide only
Basalt Beach - Starting at the Yaquina Head lighthouse, you follow a winding stair down to a cobbled beach - the round, smooth, jet-black basalt stones are a result of underwater volcanic eruptions	M, much better than quarry fee area at Yaquina Head, lots of seals too
Seal Rock State Recreation site	E/M
Yachats State Recreation Area - Just north of the Yachats River	E, very good
Cape Perpetua Scenic Area Captain Cook Trail (to tidepools) - 0.6-mile loop from the Interpretive Center, under Highway 101, through wind-sculpted vegetation, past an old CCC camp, Indian shell middens and tide pools. At high tide the Spouting Horn can be observed across Cook's Chasm. Paved, easy walk.	E, very good
Neptune State Park - 13 miles south of Waldport Bob Creek (Bray Point) - Southern edge of Neptune State Park	E

Bob Creek to Bray Point	E/M, very very good!
Sunset Bay State Park - 9 miles south of Coos Bay	E
Cape Arago State park - 11 miles south of Coos Bay (3 coves to explore)	M
Five Mile Point - 13 miles south of Coos Bay at Seven Devils Road	E
Coquille Point - West of Bandon at south bank of Coquille River	E
Cape Blanco State Park - 10 miles northwest of Port Orford	M
Port Orford - North of Boat dock on west 9th street Rocky Point - 3 miles south of Port Orford Arizona Ranch Beach - 12 miles south of Port Orford (fee through private campground)	E
Lone Ranch Beach - 5 miles north of Brookings	E
Harris Beach State Recreation Area - Just north of Brookings Winchuk Beach - North side of Winchuk River	E